Announcements

Need to schedule a room in the McGaw Library for a class or a group meeting? Use our new online reservation system! Check out http://alc.libguides.com/Reserve for more information.

Weekly Riddle
Alan, Bob, Cal, and Dan are all on one side of a narrow and dangerous bridge that they would like to cross. It is late at night and very dark so they cannot cross safely without a flashlight. They have only one flashlight and the bridge is only strong enough to support the weight of two people at once. Each of the four people walk at different speeds: Alan can cross the bridge in one minute, Bob can cross in two minutes, Cal can cross in five minutes, and Dan can cross in ten minutes. When two people are walking together sharing the flashlight they walk at the slower person’s pace.

How quickly can Alan, Bob, Cal, and Dan all get across the bridge safely?

Riddle Answer on Pg. 12

October 16th-19th: Alcohol Awareness Week
Make Smart Choices: S-Set limits
M-Make a Plan
A-Act to Help Others
R-Respect Responsible Choices
T-Talk to a Friend
**Breakfast:**

**Monday:** Scrambled eggs, hard boiled eggs, tater tots, sausage links, pancakes, hot syrup, hot cereal, and waffle bar.

**Tuesday:** Scrambled eggs, scrambled Denver eggs, grilled potatoes w/onions, bacon, French toast sticks, hot syrup, hot cereals, and breakfast burrito bar.

**Wednesday:** Scrambled eggs, fried eggs, hash browns, sausage gravy, biscuits, hot syrup, hot cereals, and breakfast scramble.

**Thursday:** Scrambled eggs, hard boiled eggs, grilled potatoes with onions, fried bologna, pancakes, hot syrup, hot cereals, and breakfast scramble.

**Friday:** Scrambled eggs, omelet eggs, tater tots, sausage patties, oat bran pancakes, hot syrup, hot cereals, and waffle bar.

**Saturday:** Scrambled eggs, sausage gravy, biscuits, hot syrup, hot cereals, and waffle bar.

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**Lunch:**

**Monday:** Vegetable soup, hamburgers, wild rice w/cranberries & walnuts, potato chips, peas, buttered corn, salad bar, sub zone, pizza station, and rotisserie station.

**Tuesday:** Chicken tortilla soup, carved turkey, taco Tuesday, mashed potatoes, sliced carrots, Germany blend, salad bar, sub zone, pizza station, and rotisserie station.

**Wednesday:** Tomato soup w/marinara sauce, grilled cheese sandwich, potato chips, California blend, buttered corn, salad bar, sub zone, pizza station, rotisserie station.

**Thursday:** Cream of potato soup, chicken & dumplings, soup beans and cornbread, fried potatoes, mustard greens, sauerkraut, salad bar, sub zone, pizza station, and rotisserie station.

**Friday:** Broccoli cheese soup, chicken sandwich, nacho grande, French fries, baby carrots, buttered peas, salad bar, sub zone, pizza station, and rotisserie station.

**Saturday:** Black bean soup, sloppy joe, potato chips, mixed vegetables, salad bar.

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**Dinner:**

**Monday:** Vegetable soup, carved BBQ brisket, mixed grain casserole, oven roasted potatoes, green beans, baby carrots, salad bar, sub zone, baked pasta bar, and rotisserie station.

**Tuesday:** Chicken tortilla soup, peach & pork stir fry, fettuccine Alfredo, O’Brien potatoes, winter blend, corn cobbettes, salad bar, sub zone, double cheeseburger bar, and rotisserie station.

**Wednesday:** Tomato soup, carved roast beef, Mexican chili pie, mashed potatoes, spinach, peas & carrots, salad bar, sub zone, Mexican bar, and rotisserie station.

**Thursday:** Cream of potato soup, carved pit ham, pioneer pasta, scalloped potatoes, buttered corn, capri blend, salad bar, sub zone, breakfast bar, and rotisserie station.

**Friday:** Broccoli cheese soup, BBQ beef sandwich, baked ziti, potato chips, Germany blend, sliced carrots, salad bar, sub zone, and pizza station.

**Saturday:** Black bean soup, chicken nuggets, hamburgers, French fries, green beans, baby carrots, salad bar, and sub zone.
Birthdays

Montana Adams
10/16

Courtney Vasquez
10/17

Emilie Harrell
10/19

Stephanie Smith
10/20

Emily Burgin
10/21

Thomas Parker
10/21

Zoe Hobbs
10/22

Anthony Hughes
10/19

Chandler Kelley
10/22
October 16-20(M-F) Alcohol Awareness Week

October 19(Th) FT 101 Assigned class-rooms, 1:00 P.M.

October 26(Th) FT 101 Program Evaluation REA, 1:00 P.M.

October 26 (Th) Breast Cancer Awareness Convo in CAC. Sponsored by PBL. 1:00 P.M.

October 31 (T) Native American Bill Miller Music Convo. 1:00 p.m.

Trunk or Treat, 6:30-8:00 p.m.

Halloween Costume Dance, Cushing Hall, 8:00 p.m.
Alcohol Awareness Week

Schedule of Events

Monday, October 16th 11:30 A.M.-1:00 P.M.
DSC Foyer
Distribution of Materials, pledge cards

Tuesday, October 17th
11:30 A.M.-1:00 P.M.
Distribution of Materials, Pledge Cards

Wednesday, October 18th
11:30 A.M.-1:00 P.M.
DSC Foyer, Distribution of Materials

Thursday, October 19th
11:30 A.M.
Drawing for free ALC Hoodie
## 2017-18 ALC Volleyball Schedule

<table>
<thead>
<tr>
<th>DATE</th>
<th>TEAM</th>
<th>LOCATION</th>
<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>8/19</td>
<td>WVU Tech</td>
<td>Beckley, WV</td>
<td>4:00PM</td>
</tr>
<tr>
<td>8/19</td>
<td>UC Clermont</td>
<td>Beckley, WV</td>
<td>2:00PM</td>
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<tr>
<td>9/8</td>
<td>Hiwassee</td>
<td>HOME</td>
<td>6:00PM</td>
</tr>
<tr>
<td>9/9</td>
<td>Midway</td>
<td>Midway, KY</td>
<td>3:00PM</td>
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<tr>
<td>9/9</td>
<td>Fisk University</td>
<td>Midway, KY</td>
<td>1:00PM</td>
</tr>
<tr>
<td>9/12</td>
<td>CROWN</td>
<td>HOME</td>
<td>6:00PM</td>
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<tr>
<td>9/16</td>
<td>JOHNSON V/JV</td>
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<td>9/23</td>
<td>Clark Summit Quadrath</td>
<td>Clarks Summit, PA</td>
<td>TBA</td>
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<tr>
<td>9/24</td>
<td>Kings College Quadrath</td>
<td>New York, NY</td>
<td>11:30AM</td>
</tr>
<tr>
<td>9/29</td>
<td>ABC Quadrath</td>
<td>Mt. Hope, WV</td>
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<tr>
<td>9/29</td>
<td>Crown Quadrath</td>
<td>Mt. Hope, WV</td>
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<td>KY Christian Quadrath</td>
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<td>Grace Quadrath</td>
<td>Grayson, KY</td>
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<tr>
<td>10/3</td>
<td>ABC</td>
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<tr>
<td>10/10</td>
<td>KY Christian</td>
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<tr>
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<td>BOYCE</td>
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<td>MIDWAY</td>
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<td>10/27</td>
<td>Johnson Quadrath</td>
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<td>10/30</td>
<td>Hiwassee Doubledath</td>
<td>Madisonville, TN</td>
<td>TBD</td>
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<td>11/3</td>
<td>NCCAA Midwest Regionals</td>
<td>at Grace Bible College</td>
<td>TBD</td>
</tr>
</tbody>
</table>

*October 10 *Bold: Breast Cancer Awareness Month

**Home Games**

### Fall 2017 Golf Schedule

**October 21st** Work College Challenge
Stonecrest Golf Course, Prestonsburg, KY

**October 30th-31st**
Eagle Invitational Nob North Golf Course, Dalton, GA

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### Lady Eagles Basketball Schedule

**October**

- 28 Warren Wilson H 3:00 P.M.

**November**

- 4 Warren Wilson A 1:00 & 3:00 P.M.
- 7 KCU H 6:00 & 8:00 P.M.
- 9 Milligan H 5:30 & 7:30 P.M.
- 11 Welsh University A 1:00 & 3:00 P.M.
- 18 KY Wesleyan Univ. A 1:00 P.M.
- 20 Hiwassee H 6:00 P.M.
- 28 CCU H 5:30 & 7:30

### 2017 ALC Cross Country Schedule

**October 12th @ 6:00 P.M.**
The Stinson Invitational (Wise, VA)

**October 20th @ 5:15 P.M.**
Red Storm Classic (Rio Grande University)

**November 4th @ 11:00 A.M.**
KIAC Conference Championship (Asbury University)

**November 11th @ TBA**
NCCAA National Championship (Clinton, MS)
# ALC Men's Basketball Schedule

<table>
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<tr>
<th>Date</th>
<th>Opponent</th>
<th>Home/Away</th>
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<td>Warren Wilson</td>
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<tr>
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<td>December</td>
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<tr>
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<td>February</td>
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<tr>
<td>17</td>
<td>Indiana University Kokomo</td>
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<td>3:00pm</td>
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</table>
Help children stay safe from sexual predators

“Increase your awareness to Prevent child Sexual Abuse”

Free workshop for parents, staff, and volunteers advocating for children

Hosted by ALC Sociology Department

Thursday, October 12th, 2017
6:00 – 8:00 pm
(JBAC 300)

The Stewards of Children program will increase knowledge, improve attitudes and change child-protective behaviors. This program is for any responsible adult who cares about the welfare of children. It is also appropriate for youth-serving organizations and personnel.

This training is being offered free of charge.

Topics Covered:
Facts about the problem of child sexual abuse
The types of situations in which child sexual abuse might occur
Simple, effective strategies for protecting children from sexual abuse
The importance of talking about the prevention of sexual abuse with children and other adults
The signs of sexual abuse so that you might intervene and be able to react responsibly

What Outcomes You Can Expect:
Increased awareness of the prevalence, consequences and circumstances of child sexual abuse
New skills to prevent, recognize and react responsibly to child sexual abuse
Individual commitment to action via a personal prevention plan

Sponsored by the ALC Sociology Club
Alice Lloyd College
Sociology Department
100 Purpose Rd, Pippa Passes, KY 41844
Office: (606) 368-6016 Email: michellemcleese@alc.edu

Please REGISTER BY October 10, 2017 (email or phone-see above)
Tutoring Center Schedule

**Monday:** MCAT Study Session from 8-10 P.M.

**Tuesday:** Praxis Core Math from 7-8 P.M.
Praxis Core English from 8-9 P.M.
Chem. 225 from 8-10 P.M.

**Wednesday:** Chem. 101/115 from 6-10 P.M.
Art (w/T.A.) in Conference Room from 6-8 P.M.
Life on Campus
Life on Campus
**FALL 2017**
ALC Theatre Fall Student Showcase presents
An Evening with Edgar Allen Poe & Other Macabre Tales
Adapted by Thomas Case
From short stories and plays by Edgar Allen Poe and Harold Pinter
Directed by Thomas Case
October 26-28 Cushing Hall 7:00 P.M.

**Spring 2018**
Peter Pan
Adapted by Jon Jory from the novel by J.M. Barrie
Directed by Charles K. Mullins
April 5th-7th Campbell Arts Center 7:00 P.M.
Weekend Activities

Riddle Answer

Alan, Bob, Cal, and Dan can all cross the bridge safely in no less than seventeen minutes. First, Alan and Bob cross the bridge together in two minutes. Alan then comes back with the flashlight in one minute. Cal and Dan then cross the bridge together in ten minutes. Bob returns with the flashlight in two minutes. Finally, Alan and Bob cross the bridge once again in two minutes, which results in everyone being on the other side of the bridge in a total of seventeen minutes.